



GALLANTRY AWARD

BRONZE

Presented to

Quentin Power

for his brave actions on 4th December 2022 when he saved two teenagers' lives at Salmon Bay.

At 14h30, Sunday, 4 December 2022, Quentin Power, an NSRI Cox'n, while off duty and taking a walk checking on the beaches, Quentin noticed 2 teenagers, a male and a female, swimming.

Without warning both teenagers disappeared under water. Quentin raised the alarm activating the KZN water rescue network and NSRI.

He then stripped down to his shorts and entered the water where he managed to reach the 15 year old male and rescued him to the beach where he was taken into the care of his family.

At that stage a KwaDukuza lifeguard had arrived on the scene and together they launched into the surf and following a free dive search, located and recovered the 15 year old female who had been submerged under water.

Together they rescued her to the shore where they initiated Cardiopulmonary Resuscitation efforts. After a brief spell she commenced spontaneous breathing while expelling water from her lungs.

IPSS medical rescue paramedics, UIP (Urban Improvement District) members and the SA Police Services arrived on the scene and Paramedics took over care of the female.

Quentin Power's calmness and selfless actions under the difficult conditions, were exemplary, undoubtedly preventing a tragedy from occurring. The rescued teenagers owe their lives to Quentin's selfless actions that day.

As fellow South Africans we are proud to be able to recognise and honour this achievement.

A handwritten signature in black ink that reads 'Dave Macready'.

Dave Macready
Chairman: Board of Directors



21 July 2023

Date